

# She handled aborted babies... then went home to her kids

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CAS News



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Abortion debates often focus on politics, legislation and slogans. Far less attention is given to the people who actually worked inside the industry and later changed their minds.

That is what makes this conversation between Seth Gruber and former Planned Parenthood employee Nallely Perez so compelling. Perez is not offering a theoretical argument. She is reflecting on experiences she says she lived through firsthand, and on the personal consequences she believes followed her long after she left the clinic.

The strongest part of this interview is not the political discussion. It is Perez's willingness to describe her own involvement in practices she now deeply regrets.

Perez explains that she began working for Planned Parenthood in California after seeing it as a family-planning organisation that had previously helped her husband obtain a vasectomy. She says she was initially hired as a receptionist but was gradually trained into other roles connected with abortion services.

One of the interview's recurring themes is normalisation. Perez repeatedly describes how procedures that would shock outsiders became routine inside the clinic environment.

Her most confronting recollections involve handling the remains of aborted babies. What stands out is not simply the description itself but her admission that, at the time, she largely accepted it as normal workplace activity.

That theme—how people can become desensitised to serious moral questions—is arguably the most thought-provoking aspect of the entire conversation.

Perez's reflections become particularly powerful when discussing her own family.

One of the most memorable moments comes when she considers how she could perform abortion-related work during the day and then return home to her four children. Looking back, she argues that the environment affected her attitudes, relationships and parenting.

She describes constant conflict with her husband, growing resentment, and an inability to appreciate her children as blessings.

Whether viewers agree with her interpretation or not, Perez presents a striking argument: that participating in something she now considers morally wrong did not remain confined to the workplace. It shaped the atmosphere of her home and family life.

This moves the discussion beyond public policy and into questions of character, conscience and culture.

Unlike many dramatic testimonies, Perez does not describe a single moment that instantly changed everything.

Instead, her transformation appears gradual.

She left Planned Parenthood in 2009 after her husband experienced a Christian conversion and began leading the family in a different direction. Years later, through church retreats and the ministry founded by former Planned Parenthood director Abby Johnson, Perez says she finally began confronting the emotional and spiritual weight of her past.

That slower, more realistic process gives her story credibility. The interview is less about a sudden revelation and more about years of reflection, repentance and healing.

The conversation also moves into policy questions surrounding abortion law, responsibility and criminal penalties.

These sections will be more contentious. Perez argues that many women seeking abortions understand more than critics sometimes acknowledge, while Gruber presses broader questions about legal accountability.

Readers should recognise that these are strongly held viewpoints rather than settled facts. Some claims about motivations, behaviour and policy outcomes are contested and would benefit from independent verification and broader evidence.

Still, even those who disagree with the conclusions may find value in hearing perspectives rarely represented in mainstream discussions.

At its core, this interview is not primarily about politics.

It is about what happens when someone re-examines beliefs they once accepted without question.

Perez's story forces listeners to grapple with uncomfortable questions about conscience, culture, responsibility and redemption. Whatever one thinks about abortion, her testimony provides a rare glimpse into a world that most people only discuss from the outside.